



+27 12 752-6200



info@nect.org.za



Ground Floor, Block D,  
Lakefield Office Park,  
272 West Avenue,  
Centurion, 0163



<https://nect.org.za/>

# HO TSHEHETSA HO BALA LAPENG

Tataiso ya bobedi bakeng sa batswadi le bahlokomedi

Melao ya ho bala lapeng

Ho bala ko lapeng



# TSHEHETSO YA HO BALA LAPENG

Na lelapa la hao ke lelapa la batho ba balang? Ho kgothaletsa ho balla boithabiso ngwana o lokela ho ba sebakeng sa ho bala lapeng e seng feela ho bala sekolong.

Ena ke e meng ya maano a ka o thusang ho etsa hore ho bala e be karolo ya bophelo ba lelapa la hao.

## Etsa hore ho bala e be tlwaelo

Fumana nako e nepahetseng, nako e kgutsitseng, le sebaka seo ngwana wa hao a ka se sebedisang bakeng sa ho bala. Ena e ka ba nako ya ha sekolo se tswile kapa nako ya ho robala.

## Ke a o balla, o a mpalla

Nka nako o balla hodimo mmoho le ngwana wa hao. Ngwana o thabiswa ke nako ena ya hae le batswadi e kgethehileng. Bo kgaitsemi le baena ba ka nna ba fapanyetsana ho ballana ha ba le mmoho lapeng.

## Ho bala hang feela ha ho a lekana!

Kgothaletsa ngwana wa hao ho bala dipale tsa hae tseo a di ratang makgetlo a fetang bonngwe. Ho bala hona kgafetsa ho tla mo thusa ho bala ka potlako le ka nepo. Ho bala pale hape ho boetse ho fa ngwana ho tseba dintho tse ntjha tse mabapi le pale nako le nako ha a ntse a bala.

## Tshehetsa mosebetsi wa matitjhere

Batswadi le matitjhere ba tshwanela ho sebetsa mmoho ho thusa ngwana ho hatela pele ho ba mmadi ya nang le boitshepo. Haeba titjhere a romela ngwana lapeng le buka eo a lokelang ho e bala, leka ho mamela ngwana wa hao ha a bala. Titjhere a ka nna a o kopa ho tlatsa leqephe la rekoto ya ho bona

hore ngwana wa hao o se a hatetse pele hakae ho baleng le ho bona seo a seng a se badile.

*Ngwana wa hao a ka nna a natefelwa ke ho bala ha a hlokomela hore le wena o na le thahasello mesebetsing ya hae ya ho bala!*



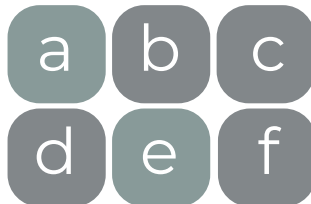
## Ho thusa bana ba thatafallwang ke ho bala

Ha se bana bohle ba ithutang ho bala ka sekgahla se tshwanang. Eba le mamello ho ngwana wa hao le ho mo kgothaletsa ka hohle ka moo o ka kgonang:

Leka papadi e latelang haeba ngwana wa hao a thatafallwa ke ho bala:

### Etsa karete ya Diletere tsa Medumo

- Mena le ho seha leqhetswana la leqephe ho etsa dikwere tse nyenyane.
- Ngola letere ya alefabeto hodima sekwere se senyenyane.



- Phutholla leqhetswana la pampiri. Supa diletere tse fapaneng. Laela ngwana ho bitsa medumo e seng mabitso a diletere.
- Laela ngwana wa hao ho bopa mantswe a fapaneng a sebedisa letere ya dikwere. Ha a ntse a beha medumo mmoho, o lokela ho bitsa medumo, ebe o bala mantswe.



- Se latelang, laela ngwana wa hao ho ngola mantswe ana leqetshwaneng la pampiri.



## Ho fumana menyetla ya ho bala

Ngwana o lokela ho ikwetlisa ho bala ha a le lapeng le ha a le sekolong. Sebedisa mehlodi e fapaneng e jwalo ka dimakasine kapa dikhomiki tseo a ka ipallang tsona ka boyena. Ha rona re ntse re thusa ka mosebetsi wa matitjhere, ngwana o fetoha mmadi ka boyena.

## Ingodise laeaborari

Ditshebeletso tsa laeaborari ha di lefella. Isa ngwana wa hao ho ya ingodisa le laeaborari ya setjhaba. A ka nna a nka dibuka tse nne mme tsa ba ho yena dibeke tse pedi. Ho etela laeaborari ka makgetlo ho tla thusa ngwana ho tlwaela ho bala ka se seng se ka mo thabisang bophelo ba hae bohle.



## Ntsha mehlodi ya ho bala ka ho e monyollela/daonoloutela founung ya hao

Ho na le mehlodi e mengata e sa lefella e o ka e monyollang/daonoloutang ho tswa ho polokelo ya App founung ya hao. Re kgothaletsa mehlodi e latelang:

- African Storybook Reader (AsbReader)
- Buka ya ho bala Dipale tsa Seafrika (BDS)
- Book Dash more suitable for younger readers) Book Dash (e loketse babadi ba sa leng banyenyane)

Tsena ke diwebsaete tseo o ka fumanang mehlodi ya ho bala ntle le tefo:

- Fundza Mobi [www.live.fundza.mobi](http://www.live.fundza.mobi)
- Nal'ibali [www.nalibali.org](http://www.nalibali.org) (Mona, o ka fumana mehlodi e sa lefella ka dipuo tse fapaneng)
- NECT [www.nect.org](http://www.nect.org)
- Room to Read [www.roomtoread.org](http://www.roomtoread.org)
- Global Digital Library [www.digitallibrary.io](http://www.digitallibrary.io)



## Rekela ngwana wa hao dibuka

Haeba ho kgonahala, rekela ngwana wa hao dibuka e le mpho. Ka mokgwa ona, o tla ithuta hore dibuka di na le boleng bo itseng.

Mabapi le dikeletso tsa bohlokwa tsa ho bala, o ka nna wa sheba mehlodi e latelang:

- DBE: Practical Guidelines: How parents can contribute meaningfully to the success of their children in schools. LTM:Ditataiso tse tlwaelehileng:Ka moo batswadi ba ka thusang ka teng katlehong ya thuto ya bana ba bona sekolong.
- DBE<https://www.education.gov.za/Informationfor/ParentsandGuardians.aspx>
- Nal'ibali: Making literacy a part of your home.
- Nal'ibali: Etsa ho bala hore e be karolo ya lelapa la hao.
- <https://www.nalibali.org/news-blog/blog/making-literacy-part-your-home>
- NECT: Advice to parents, Supporting your children throughout the Covid-19 lockdown
- NECT: Keletso ho batswadi, Ho tshehetsa ngwana wa hao nakong ya sewa sa Covid-19
- <https://sacoronavirus.co.za/2020/05/20/advice-to-parents-supporting-your-children-through-the-covid-19-lockdown/>
- NECT: Reading guidelines and Tips for parents to support the development of their child's reading skills
- NECT: Ditataiso tsa ho bala le Ditemoso ho thusa batswadi ho ntshetsa pele bokgoni ba ngwana ba ho bala.
- <https://nect.org.za/materials/advice-to-parents>
- Reading Rockets: Reading 101 –
- A guide for parents. Tataiso ho batswadi. <https://www.readingrockets.org/reading-101-guide-parents>
- WCED: Parents' Guide, Let's make education better together. Did your child read, write and practise maths today?
- WCED:Tshehetso ho batswadi, mmoho a re etseng hore thuto e be bonolo.Na ngwana wa hao o a bala, o a ngola le ho ikwetlisetsa dipalo kajeno? <https://wcedonline.westerncape.gov.za/tips-parents/guide-parents>



+27 12 752-6200



info@nect.org.za



Ground Floor, Block D, Lakefield Office Park,  
272 West Avenue, Centurion, 0163



<https://nect.org.za/>

